



Napa Valley Ballet

2008/2009 General class information, dress code, and tuition

PRE-BALLET First time/beginners (3-5 year-olds) One class per week minimum

A gentle and creative presentation of dance introducing children to body awareness, body dynamics, dance directions and basic dance movements with music. Must be at least three years old and potty-trained.

Dress code: Pink tank leotard, pink tights (white bobby socks may be worn in lieu of tights), pink leather, full-sole ballet shoes, hair pulled back off of face and neck (example: ponytail). Short hair pulled back off of face with hairpins or a hair band.

Tuition: \$130.00 per quarter (one class per week), \$235.00 per quarter (two classes per week).

BALLET 1 Introduction to Ballet (Minimum 5 years old) One class per week minimum

An introduction to ballet class structure incorporating barre and centre work with basic technique and vocabulary.

Dress code: Pink tank leotard, pink tights (white bobby socks may be worn in lieu of tights), pink leather, full sole ballet shoes, hair pulled back off of face and neck (example: ponytail). Short hair pulled back off of face with hairpins or a hair band.

Tuition: \$150.00 per quarter (one class per week), \$270.00 per quarter (two classes per week)

BALLET 2 Beginning Ballet (ages 5-7+ years) One class per week minimum

A more structured class is introduced as students progress in their knowledge of basic classical Ballet technique. Poise, balance and physical discipline are emphasized; choreography is employed and creativity nurtured.

Dress code: Light blue tank leotard, light pink elastic band skirt, pink tights (white bobby socks may be worn in lieu of tights), pink leather, full-sole ballet shoes, hair pulled back off of face and neck (example: ponytail). Short hair pulled back off of face with hairpins or a hair band.

Tuition: \$150.00 per quarter (one class per week), \$270.00 per quarter (two classes per week)

BALLET 3 Beginning/Intermediate Ballet (ages 7-8+ years) Required: TWO classes per week minimum

Ballet technique is strengthened and developed, progressing toward more intermediate levels.

Dress code: Burgundy tank leotard, pink tights, pink elastic for waist, pink full-sole leather ballet slippers, hair in a neat bun (short hair pulled back off face with hairpins or a hair band).

Tuition: \$270.00 per quarter (two classes per week), \$400.00 per quarter (three classes per week)

BALLET 4/5 Intermediate Ballet (ages 9-11+ years) Required: THREE classes per week minimum

Dedication and commitment are required to develop a well-trained dancer. Ballet technique progresses to intermediate level work with beginning pointe work introduced upon recommendation of instructor and Artistic Director. The emphasis for pointe is strength and safety.

Level 4 Dress Code: Hunter green tank leotard, pink tights, pink elastic for waist, pink full-sole, leather ballet slippers, hair in a neat bun (short hair pulled back off face with hairpins or a hair band).

Level 5 Dress Code: Navy blue tank leotard, pink tights, pink elastic for waist, pink full-sole, leather ballet slippers, hair in a neat bun (short hair pulled back off face with hairpins or a hair band).

Tuition: \$400 per quarter (3 classes per week), \$540.00 per quarter (4 classes per week)

BALLET 6 Intermediate Ballet w/Beg. Pointe (Ages 12-14+ years) Required: FOUR classes per week minimum
For students who have successfully completed thru level 5 and have a higher level of commitment and dedication.
Intermediate and advanced technique presented.

Dress Code: Solid black camisole leotard, pink tights, pink split-sole ballet shoes (leather or canvas), pointe shoes, hair in a neat bun (short hair pulled back off of face with hairpins or a hair band).

Tuition: \$540.00 per quarter (4 classes per week), \$675.00 per quarter (5 classes per week)

BALLET 7 Intermediate/Adv. Ballet w/ Beg./Intermediate Pointe Required: FOUR classes per week minimum
For students who have successfully completed thru level 6, and have a high level of commitment and dedication.
Challenging intermediate and advanced technique presented.

Dress Code: Solid black camisole leotard, pink tights, pink split-sole ballet shoes (leather or canvas), pointe shoes, hair in a neat bun (short hair pulled back off of face with hairpins or a hair band).

Tuition: \$540.00 per quarter (4 classes per week), \$675.00 per quarter (5 classes per week)

BALLET 8 Advanced Ballet with Intermediate/Advanced Pointe Required: FIVE classes per week minimum
For students who have successfully completed through level 7. Very high level of commitment and dedication.
Continued challenging technique and choreography with variations and partnering.

Dress Code: Black or white any-style leotard, pink tights, pink split-sole ballet shoes (leather or canvas), pointe shoes, hair in a neat bun (short hair pulled back off of face with hairpins or a hair band).

Tuition: \$675.00 per quarter (5 classes per week, PLUS **Company NVB** class - optional)

BALLET 9 Advanced Ballet/Advanced Pointe Required: FIVE classes per week minimum
Highest level of commitment. Pre-professional level technique and pointe work.

Dress Code: Black or white any-style leotard, pink tights, pink split-sole ballet shoes (leather or canvas), pointe shoes, hair in a neat bun. (Short hair pulled back off of face with hairpins or a hair band).

Tuition: \$675.00 per quarter (5 classes per week, PLUS **Company NVB** class - optional)

MODERN DANCE (must have completed at least Ballet 4A and have approval of Artistic Director)

Modern dance is offered as an alternative discipline to ballet and for core strength building. This class is open to intermediate and advanced dancers outside our studio as well.

Dress Code: Any color cami or tank leotard, pink or black tights, ballet shoes.

\$150.00 Punch Card purchased in advance from instructor (10 classes) or **\$16** drop-in fee,

COMPANY NVB Advanced Performance Training

For students interested in performing, level 6 and up (with invitation by Artistic Director.) Auditions are required for non-NVB students to participate in company class. Class emphasizes performance technique and choreography.

Dress Code: Uniform appropriate to ballet class level.

Tuition: Waived for fully enrolled NVB students, **\$125** for non-NVB Students

TEEN/ADULT BALLETT (class meets once weekly - this is a non-performing class)

Teen adult ballet is a non-performing class for students seeking ballet training to maintain flexibility, exercise, and to experience the joy of movement.

Dress Code: Any color cami or tank leotard, tights, ballet shoes.

Tuition: \$150.00 Punch Card purchased in advance (10 classes), \$16 drop-in fee

DRESS CODE FOR ALL BOYS, ALL LEVELS: White short or long-sleeve T-shirt, black tights or black shorts, white ankles socks, black ballet shoes.

Attire may be purchased at Backstage Dance Wear on Pearl Street in Napa. For custom fitted pointe shoes we also recommend Contra Costa Ballet in Walnut Creek. Please contact us if you have any questions 707-294-8820.